



5K/10K + 1K GIRLS RUN

## TRAFFIC MANAGEMENT / COURSE MANAGEMENT

SHOPPERS DRUG MART RUN FOR WOMEN  
COURSE MANAGEMENT

Date May 7th 2022

Start Time 09.00am

Event Duration 3 Hrs

Event Manager Steve Mattina

1 604 220 1757

Course Manager Michael Campbell-Burns

778 882 6607

### Course Element Legend



Course Control points



Event in Progress  
Sign



Runner Directional Arrows



Marshal Position



Traffic Control Position



Water Stop Position







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# START CORRIDOR





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### Course Description

Runners in both the 5K /10K will head east along Webber Lane from the Start / Finish. (Full Road Closure) 6:00am – 1:30pm  
 Runners will then turn right into Birney Ave in the East lane to Ross Ave. Birney Ave closure (10K Start 9:15am – 9:20am)  
 (5K Start 9:30am – 9:35am )

At Ross Ave runners will turn East in the Nth lane of Ross Ave towards Gray Ave, 100m along the Nth Lane of Ross Ave from Birney Ave  
 Runners turn north on Scholars Greenway towards Binning Ave  
 As runners approach Wesbrook Mall cross walk @ Scholars Greenway  
 2 x TCP will hold traffic flow East / West on Wesbrook Mall while runners cross the crosswalk. (10K 9.15 – 9:20am (5K 9:30 – 9:35am)  
 TCP's will be in position @ Scholars Greenway / Wesbrook Mall (8:55am – 12:00pm)

1 x TCP's will be in position @ Scholars Greenway / Binning Ave to control traffic flow as runners cross Binning Ave into Pacific Spirit Park / Return

At Binning Ave runners will cross Binning Ave and turn West following the pathway towards 16th Ave. 50M before 16th Ave runners will merge into the Binning Ave bike lane heading West before turning north onto Sherry Sakamoto Trail and enter Pacific Spirit Park .  
 Runners returning from the trails will cross Binning Ave under Marshall control @ Scholars Greenway. Runners will return south on Scholars Greenway before crossing Wesbrook Mall again under control of the TCP's runners will continue following the greenway south before turning right (West ) towards Webber Lane, runners will cross Birney Ave under marshall control into Webber Lane to the finish.



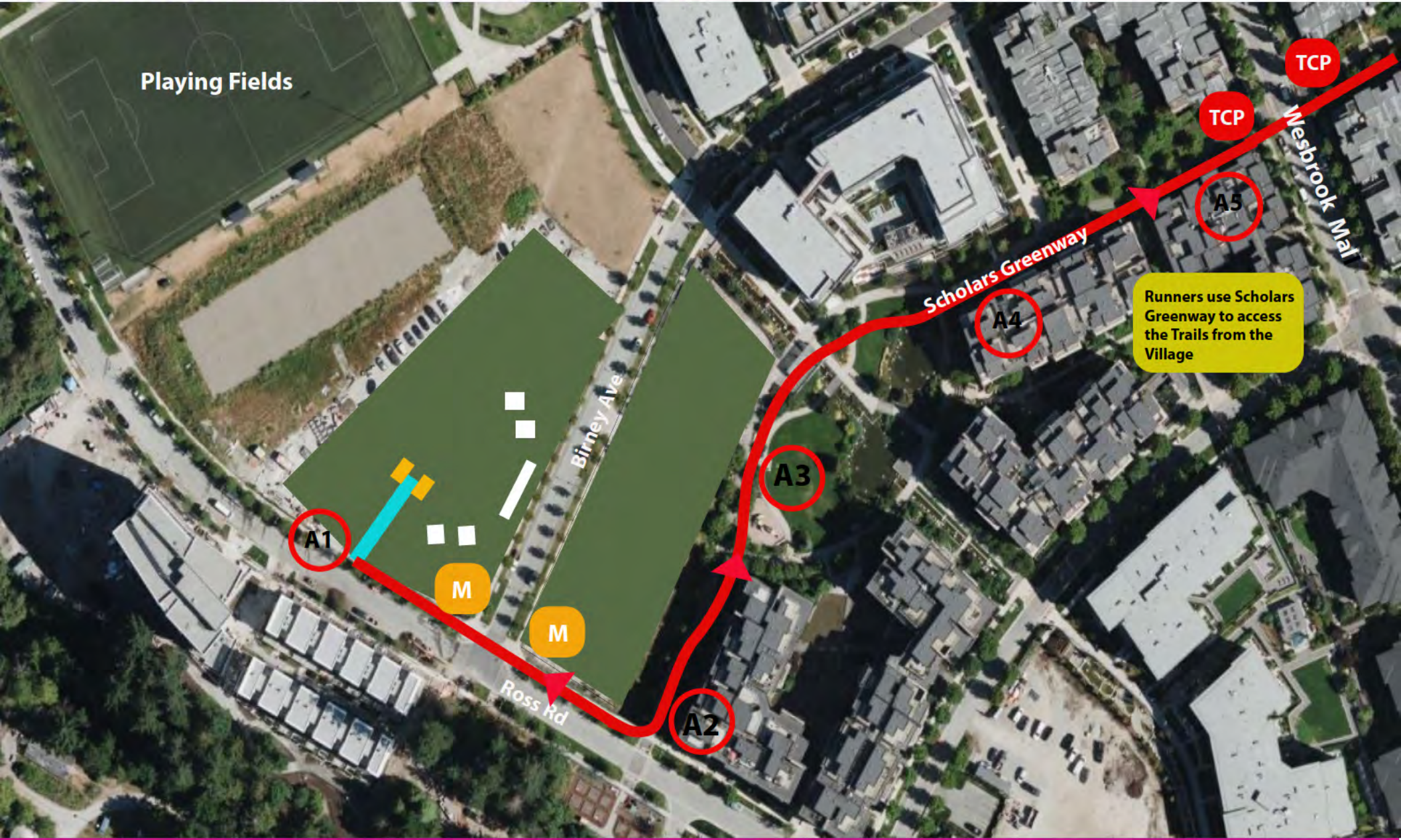




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## TRAFFIC MANAGEMENT / COURSE MANAGEMENT

## ZONE A START CORRIDOR







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### TRAFFIC MANAGEMENT / COURSE MANAGEMENT

### COURSE START CORRIDOR ZONE B



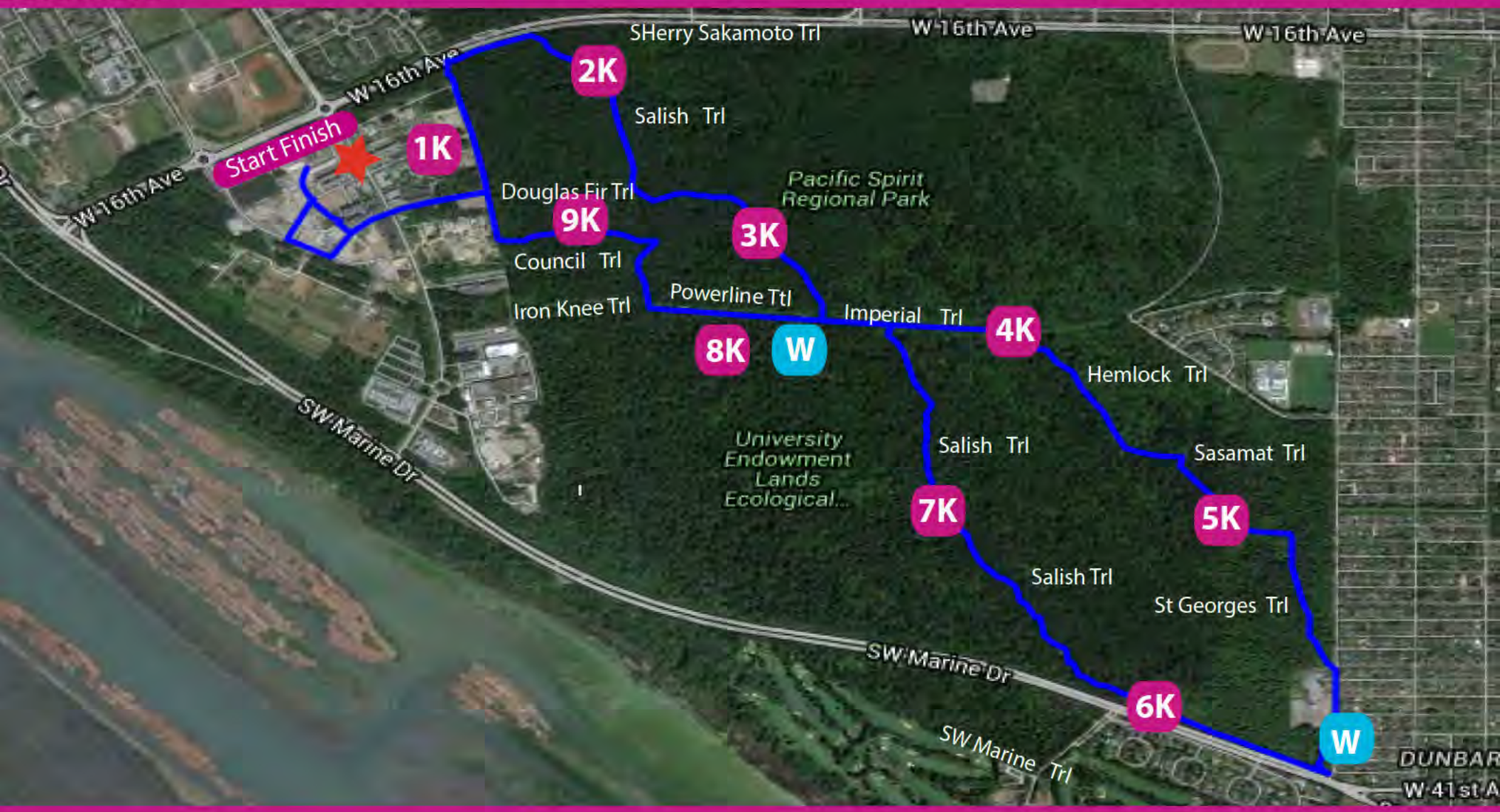




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# TRAFFIC MANAGEMENT / COURSE MANAGEMENT

# 10K Route



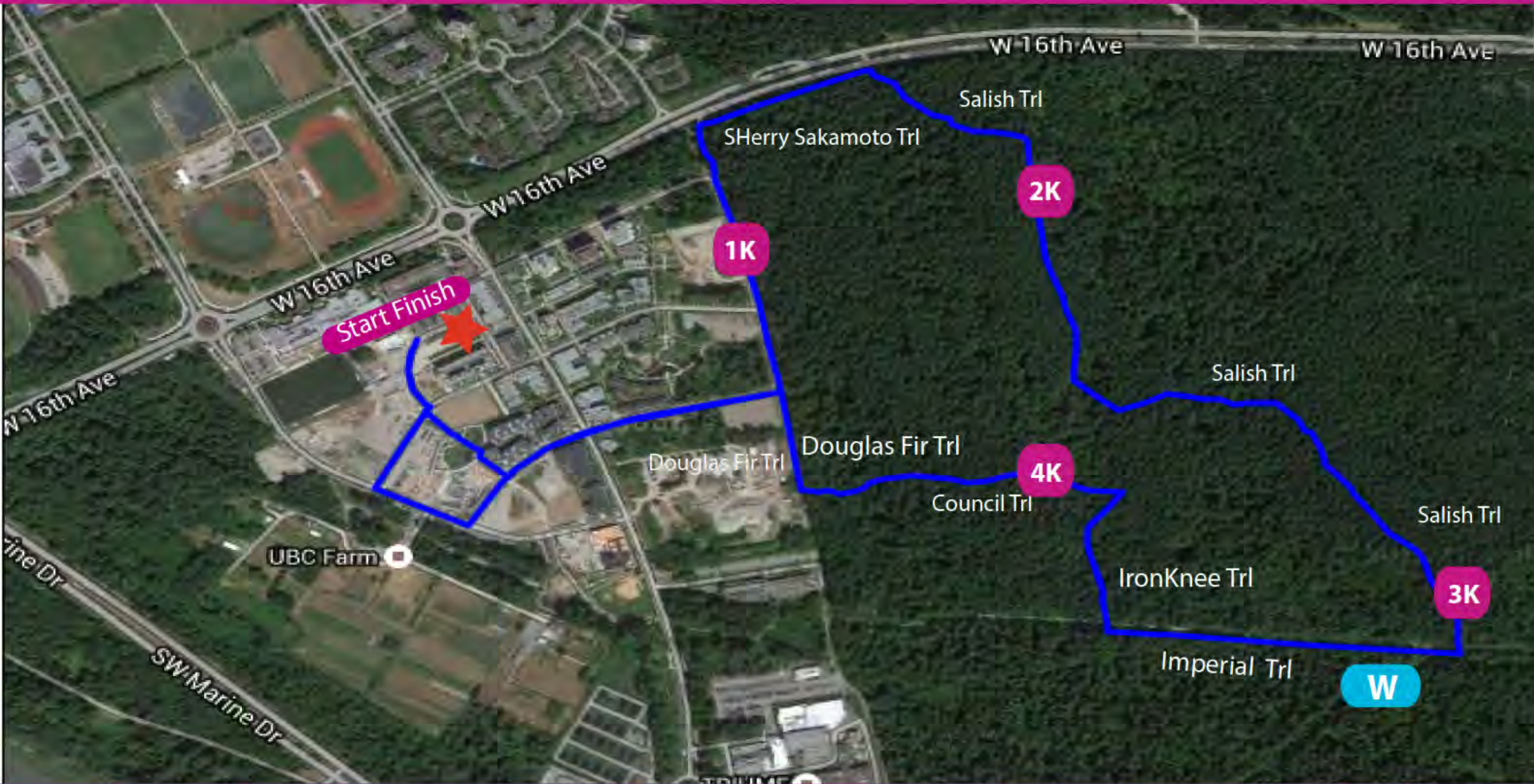




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## TRAFFIC MANAGEMENT / COURSE MANAGEMENT

## 5K Route



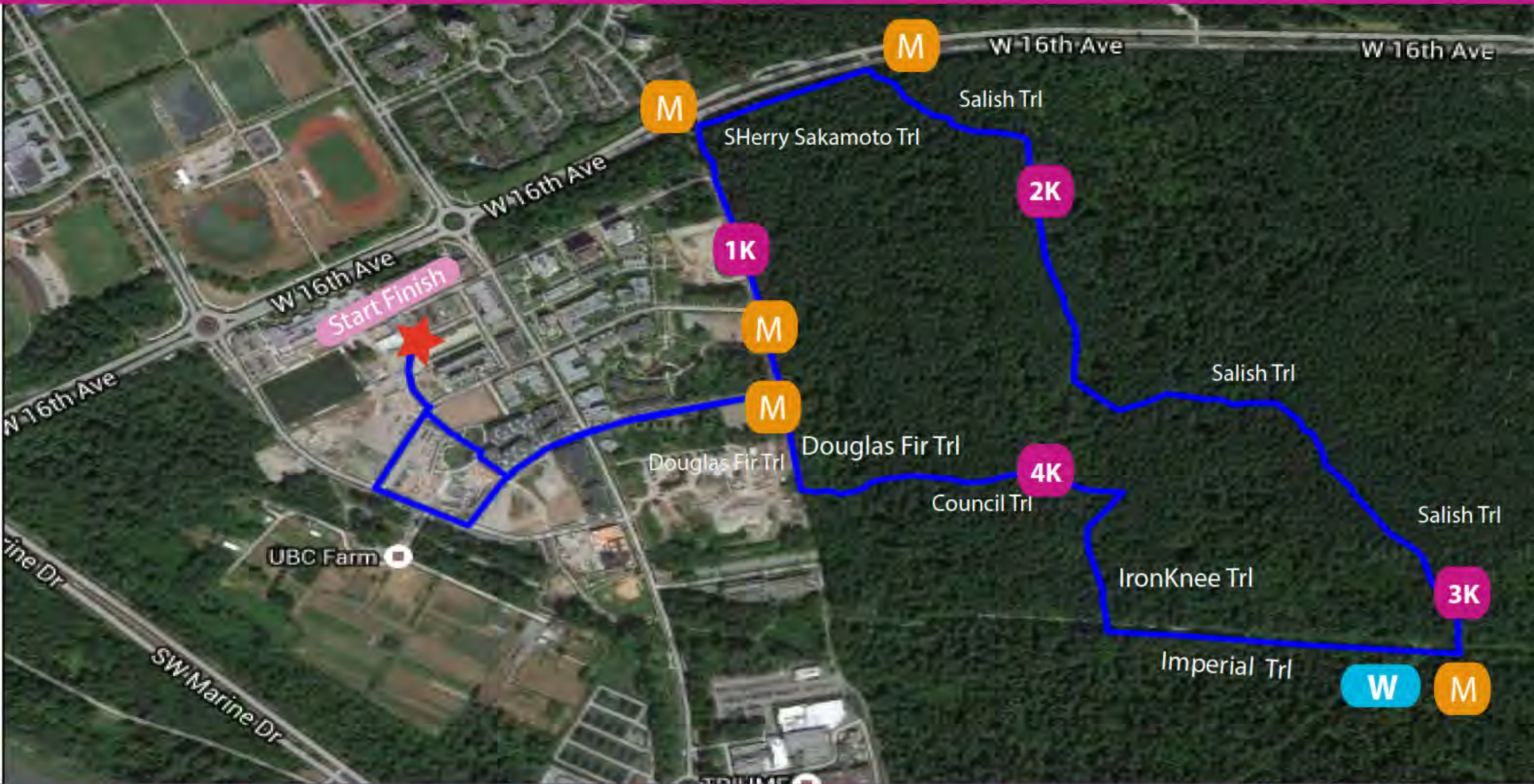




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## TRAFFIC MANAGEMENT / COURSE MANAGEMENT

## 5K Route Marshals







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# TRAFFIC MANAGEMENT / COURSE MANAGEMENT

# 5K / 10K Route Marshals

