



UNIVERSITY  
NEIGHBOURHOODS  
ASSOCIATION

## JOB DESCRIPTION

**POSITION:** Spin Instructor

**EFFECTIVE DATE:** June 1, 2023

**DEPARTMENT:** Recreation

**REPORTS TO:** Fitness Centre Supervisor

**DIRECT REPORTS:** N/A

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### JOB SUMMARY

The University Neighbourhoods Association (UNA) is a unique non-profit society created to provide municipal-like services (streets, parks, playfields, playgrounds, community centres, and a full range of recreational and cultural services) to 15,000 residents living in designated neighbourhoods on UBC Vancouver Campus. Our Parks and Recreation division offers a wide range of services including arts, fitness, educational, social programs, and special events for all age groups.

As a contracted spin instructor for the UNA, you will join a team committed to community health and wellness and be part of an inclusive, flexible, and rewarding workplace.

Reporting to the Fitness Centre Supervisor, you will be responsible for helping individuals improve vitality and their quality of life by teaching safe and correct work out techniques that will achieve personal goals. You must be a certified spin instructor who has a strong passion for health and wellness.

### OVERALL GOALS FOR THE POSITION

- Responsible for leading several levels of Spin classes at our fitness centre in the Wesbrook Community Centre ranging from 30 minutes to 45 minutes.
- Conducting engaging evaluations and goals assessments.
- Orienting and guiding patrons in proper use of exercise equipment.
- Assisting with maintaining the cleanliness and upkeep of the Fitness Studio and its equipment.

### KNOWLEDGE, SKILLS & ABILITIES

- Demonstrated ability to provide excellent customer service.
- Knowledge of the methods used in proper exercise programs and the use of exercise equipment.
- Demonstrated ability to instruct individual exercise.
- A second language such as Mandarin or Korean is an asset.

- Knowledge and experience in coaching.
- Sales and service experience is a plus.

### QUALIFICATIONS & SKILLS

- Certified as a Spin Instructor with a recognized organization. Bachelor of Kinesiology, or current studies in a kinesiology program with prior spin experience may be considered.
- Additional certification to teach special populations such as seniors, Pre/post-natal and Adapted fitness.
- Previous personal training is an asset.
- Current CPR/First Aid Certification is required.
- Minimum of \$2,000,000 in liability insurance.
- A Police Record Check is a requirement of the position.

### JOB PARTICULARS

- Class times will vary, schedule will need to be flexible and consist of weekdays, and/or weekends.
- Rate of pay is \$25 - \$35 per class.

Please send a cover letter and resume to [kieran.petty@myuna.ca](mailto:kieran.petty@myuna.ca)

Application Deadline: Open until filled.

Approximate Start Date: ASAP

We appreciate all applications; however, only short-listed candidates will be contacted for an interview.