

VOLUNTEER ROLE DESCRIPTION

POSITION:	Seniors Drop-In Host
AVAILABLE POSITIONS:	2 Volunteers
EFFECTIVE DATE:	Sept 1, 2023
DEPARTMENT:	Recreation
REPORTS TO:	Seniors Coordinator

OBJECTIVE

The Seniors Drop-In Host is a volunteer position that works with the Seniors Coordinator to plan and manage the Seniors Drop-In program.

OVERALL GOALS FOR THE POSITION

- 1. Animate the Senior Centre through drop-in programming.
- 2. Create a welcoming and inclusive environment where seniors can come together to engage in activities and build social connections.
- 3. Encourage participants to interact and foster positive relationships.

ROLES AND RESPONSIBILITIES

- 1. Work with the Seniors Coordinator to plan and implement a variety of activities and/or resource and discussion topics.
- 2. Share resources and information.
- 3. Set up coffee, tea, and any materials for the session.
- 4. Ensure the room is clean and tidy at the end of the session.
- 5. Develop positive relationships with participants to help build a sense of community.

REQUIREMENTS:

- Must be age 16+
- A commitment to supporting healthy aging through community building, resource sharing and activities.
- Must obtain a Criminal Record Check with Vulnerable Sectors Clearance prior to starting (online link or request letter will be provided)

ROLE PARTICULARS

- Be available on Wednesdays from 8:45 am 11-15 am
- This is an excellent opportunity for two friends to volunteer together.

Please send a letter of interest to <u>lquamme@myuna.ca</u>. Application Deadline: Open until filled.

UNIVERSITY NEIGHBOURHOODS ASSOCIATION