



## JOB DESCRIPTION

**POSITION:** Spin Instructor

**EFFECTIVE DATE:** February 27, 2025

**DEPARTMENT:** Recreation

**REPORTS TO:** Fitness Supervisor

**DIRECT REPORTS:** N/A

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### JOB SUMMARY

The University Neighbourhoods Association (UNA) is a unique non-profit society created to provide municipal-like services (streets, parks, playfields, playgrounds, community centres, and a full range of recreational and cultural services) to 15,000 residents living in designated neighbourhoods on UBC Vancouver Campus. Our Parks and Recreation division offers a wide range of services including arts, fitness, educational, social programs, and special events for all age groups.

As a contracted Spin Instructor for the UNA, you will join a team committed to community health and wellness and be part of an inclusive, flexible, and rewarding workplace.

Reporting to the Fitness Supervisor, you will be responsible for helping individuals improve vitality and their quality of life by teaching safe and correct workout techniques that will achieve personal goals. You must be a certified Spin Instructor who has a strong passion for health and wellness.

### OVERALL GOALS FOR THE POSITION

- Leading several levels of Spin classes at Wesbrook Community Centre ranging from 30 minutes to 45 minutes.
- Conducting engaging evaluations and goal assessments.
- Orienting and guiding patrons in proper use of exercise equipment (spin bikes).
- Assisting with maintaining the cleanliness and upkeep of the Dance Studio and its equipment.

### KNOWLEDGE, SKILLS & ABILITIES

- Demonstrated ability to provide excellent customer service.
- Knowledge of the methods used in proper exercise programs and the safe use of exercise equipment.



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- Demonstrated ability to instruct individual and group exercise.
- A second language such as Mandarin or Korean is an asset.
- Knowledge and experience in coaching.
- Sales and service experience is an asset.

### QUALIFICATIONS & SKILLS

- Certified as a Spin Instructor with a recognized organization. Bachelor's degree in Human Kinetics or Kinesiology, or current studies in a Kinesiology program with prior spin experience may be considered.
- Additional certification to teach special populations such as seniors, pre/post-natal women, and adapted fitness is an asset.
- Previous personal training experience is an asset.
- Current Standard First Aid and CPR Certification is required (or willingness to obtain prior to start).
- Minimum of \$2,000,000 in liability insurance.
- A Police Record Check with vulnerable sectors clearance is a requirement of the position (or willingness to obtain prior to start).

### JOB PARTICULARS

- Spin class times may vary, so availability will need to be flexible and consist of weekdays (mornings), and/or weekends.
- Rate of pay: \$25 - \$35 per class based on level of experience.

If you want to join our highly engaged and talented team and make direct impacts in the community, please send your resume and cover letter to:

**Nancy Li (Fitness Supervisor)**

University Neighbourhoods Association

3335 Webber Lane

Vancouver, BC, V6S 0H3

Email: [nancy.li@myuna.ca](mailto:nancy.li@myuna.ca)

Application Deadline: Open until filled.

Start Date: April 1, 2025

We appreciate all applications; however, only short-listed candidates will be contacted.