

VOLUNTEER ROLE DESCRIPTION

POSITION: Dementia Support Circle Volunteer

AVAILABLE POSITIONS: 1 Volunteer **EFFECTIVE DATE:** April 11, 2025 **DEPARTMENT:** Recreation

REPORTS TO: Seniors Coordinator

OBJECTIVE

The Dementia Support Circle Volunteer supports the Dementia Support Circle lead volunteer to offer the program to a wide variety of participants. This program is open to people experiencing dementia, caregivers, family members, and anyone interested in learning more about dementia.

OVERALL GOALS FOR THE POSITION

- 1. Create a dynamic, welcoming, and inclusive environment where participants can engage in activities, build social connections, and be part of a community.
- 2. Encourage participants to learn and participate in games and activities for individuals experiencing dementia.

ROLES AND RESPONSIBILITIES

- 1. Work with the lead volunteer to plan/implement a variety of activities, resources, and topics.
- 2. Help to set up coffee, tea, and any materials for the session.
- 3. Ensure the room is clean and tidy at the end of the session.
- 4. Develop positive relationships with participants to help build a sense of community.

REQUIREMENTS:

- Must be age 19+
- A commitment to healthy aging through community building, resource sharing, and activities.
- Knowledge about dementia, preferred. Willingness to learn about dementia and supporting those experiencing dementia, through recreational activities.
- Experience with senior care.
- Knowledge and understanding about improving social interactions through recreational activities. Friendly, inclusive, enthusiastic, and energetic.
- Must obtain a Criminal Record Check with Vulnerable Sectors Clearance prior to starting (online link or request letter will be provided)

ROLE PARTICULARS

- Must be available on Saturdays from 2-3pm, from April 11 to June 21.
- Availability to meet with the volunteer leader during the first week of April before the program start date to talk through particulars of the program is an asset.

Please send a letter of interest to martha.bloem-reddy@myuna.ca.

Application Deadline: April 1 or until position is filled.