

Sportball Safety Measures

- All coaches, and participants are instructed to maintain at least 3 metres of physical distancing at all times during a Sportball session.
- All coaches will be wearing masks at all times when indoors at any location (community centre or school).
- Sportball Coaches are utilizing our hoops in equipment sets as a "home base" for the participants. Each child is given a sanitized hoop in a spaced-out location 3 metres apart, and that is the location that the participant must return to any time kids come back to the "Magic/Sportball Line" for their next instruction.
- In many locations we are selling equipment kits to the participants in which they are given an equipment pack on the first day of class to bring every day of the season, and then keep when the classes have concluded. However, in locations where this is not possible, the Sportball coach will bring a sanitized set of gear, and each child will receive their pieces of equipment for use during that week's session. At the conclusion of class, the coach will recoup all of the equipment and sanitize prior to the next groups arrival.
- Sportball are limiting the number of sports we are facilitating, and only running the ones that can be conducted safely with very minimal equipment sharing and partner activity.
- Our lesson plans have been modified, and skills that are individual based now take precedent. For example, stick handling across the gym through cones in a spaced-out manner, finding their own location against a wall to work on various types of hockey shots (wrist shot, backhand etc.), as well as accuracy drills shooting at a target.
- Sportball instructors are aware that higher intensity activities will lead to heavier breathing and even coughing. Therefore, they are limiting prolonged periods of running, or other high impact drills and games, while also incorporating more rest and water periods than before.
- Rather than splitting off into groups or pairs, each drill and game is focused more on an individual element, where kids can maintain physical distance from their classmates.
- And of course, all Sportball classes that are designed to be drop-off in nature require parents to be outside of the gym space, therefore limiting spectators and the number of people inside of the indoor space.